



## STUDENT GEAR CHECKLIST (3-DAY CENTRE PROGRAM)

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|--|--|
| <input type="checkbox"/> 4 T-shirts (no mid-riff or sleeveless shirts allowed) | <input type="checkbox"/> Torch (make sure it is working before you bring it on camp)                                 |
| <input type="checkbox"/> 4 pairs of shorts                                     | <input type="checkbox"/> 1 water bottle (1 litre capacity minimum)   |
| <input type="checkbox"/> 2 long sleeve shirts or jumpers                       | <input type="checkbox"/> Insect repellent and Sunscreen  |
| <input type="checkbox"/> 2 pair of long pants for cold weather                 | <input type="checkbox"/> 2 pairs of sensible joggers or boots (1 old pair that you can get wet - <b>no thongs!</b> ) |
| <input type="checkbox"/> Spare socks and underwear                             | <input type="checkbox"/> 2 plastic bags to put your dirty or wet clothes in  |
| <input type="checkbox"/> Hat or cap and beanie                                 | <input type="checkbox"/> Toiletries  |
| <input type="checkbox"/> 1 raincoat  | <input type="checkbox"/> 2 towels (1 for outdoors, 1 for showers)  |
| <input type="checkbox"/> Pyjamas   | <input type="checkbox"/> Swimmers  |
| <input type="checkbox"/> 1 pillow and pillow case                              | <input type="checkbox"/> Hair tie for abseiling (if you have long hair)  |
| <input type="checkbox"/> 1 sleeping bag or sheet/s with blanket                | <input type="checkbox"/> 1 plate, 1 bowl, 1 fork, 1 knife, 1 spoon, 1 cup and tea towel (mess kit)                   |
| <input type="checkbox"/> Optional Items – Camera, Souvenir / Shop Money        |  |

**Note:**

In addition to the above items it is also recommended that you bring a small day pack so that personal items such as medications, water bottles, hats, raincoats, insect repellents and sunscreens can be easily carried during the day.

If your program includes a visit to the Watagan Mountains a separate gear checklist outlining the specific items to be packed for the visit should be included with your camp information.