



# Holy Cross College, Ryde

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26 March 2018

Dear Parents and Guardians,

The Duke of Edinburgh Award is a self-development program available to all young people over the age of 14. The award is non-competitive and encourages young people to set and achieve goals at a level appropriate to their age and development. The award is offered at Holy Cross College to all students in Year 9 and above.

There are four requirements that must be met for a young person to qualify for an award: Volunteering, Skills, Physical Recreation and Adventurous Journeys. These activities provide opportunities for students to acquire and develop skills, and build initiative and self-esteem, which will help them become more confident and contributing members of the community. The award is consequently, highly regarded by many employers.

Participants design their own program by selecting activities they are interested in, setting their own goals and striving to achieve their own potential. The award has three levels – Bronze, Silver and Gold. Year 9 students will start at the Bronze level.

To obtain the Bronze Award students must complete the following sections:

1. **Skills** – A cultural or social activity must be pursued leading to a deeper knowledge and reasonable attainment of the skill. (3 months of regular commitment averaging at least 1 hour per week)
2. **Physical Recreation** – Participation in an individual or group physical activity. (3 months of regular commitment averaging at least 1 hour per week)
3. **Volunteering** – Voluntary unpaid community service is to be completed by the participant. (3 months of regular commitment averaging at least 1 hour per week)
4. **Adventurous Journey** – Complete preliminary training, a practice Journey and then a self sufficient Qualifying Journey. (a total of 2 overnight trips)

*\*Note: All Bronze level participants must complete an extra 3 months in any one of sections 1 – 3 in order to qualify for the award.*

The entry fee for the Award is \$105, which covers online record book access, all certificates and badges, administration costs and insurances. The Adventurous Journeys will also incur a reasonably small cost, dependent on number of participants.

We hope your son will take full advantage of this wonderful opportunity to join this internationally recognised program. To learn more about the award go to [www.dukeofed.com.au](http://www.dukeofed.com.au). If your son is interested in participating in the award this year, please complete the attached documents and have them returned to myself as soon as possible. If you have any further questions, please do not hesitate to contact me at [sean.craven@syd.catholic.edu.au](mailto:sean.craven@syd.catholic.edu.au) or by phone on (02) 9808 1044.

Yours sincerely,

Sean Craven  
OUTDOOR EDUCATION COORDINATOR

Michael Reid  
ASSISTANT PRINCIPAL



## Please Return to Mr Sean Craven

I give my son permission to attend the Duke of Edinburgh Award and I authorize the person in charge of the activity to consent where it is impracticable to communicate with me, to my son's receiving such medical or surgical treatment as may be deemed necessary.

Parent's / Guardians Signature: .....

Son's Name: .....

Homerom: .....

### Contact Phone Numbers

WORK	HOME	MOBILE	MEDICARE NUMBER (for use at medical centres etc)

### Medical Register Information: OHS

*Please complete the following if necessary.*

Is there any physical / medical / emotional reason that could impact on your son's health/safety during the excursion (e.g.: serious asthma / injury):

Please State: \_\_\_\_\_

\_\_\_\_\_

✂ .....

*I hereby authorise Holy Cross College*

to charge my Credit Account for the amount of \$105.00  
Entry Fee for Duke of Edinburgh Award

Card details:- (Please circle one)                      Bankcard / Visa / Mastercard

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Cardholder's Name: ..... Expiry Date: .....

Signature: .....